



# BASKETBALL & BADMINTON TRAINING PROGRAMS



JAN & FEB

# 2017



# NIKE BASKETBALL CAMP 2017 - HONG KONG

## NIKE國際籃球營2017 - 香港站

### BY JORDAN LAWLEY

NORD ANGLIA INTERNATIONAL SCHOOL

INDOOR GYM, NORD ANGLIA INTERNATIONAL SCHOOL, 11 ON TIN STREET,  
LAM TIN, KOWLOON, HONG KONG

九龍藍田安田街11號

| CODE<br>編號 | AGE<br>年齡 | TRAINING 訓練日 |                  |                | LESSONS<br>堂數 | CAPACITY<br>人數 | FEE<br>費用 |
|------------|-----------|--------------|------------------|----------------|---------------|----------------|-----------|
|            |           | DATE<br>日期   | DAY<br>星期        | TIME<br>時間     |               |                |           |
| NIKE1      | 8-16YRS   | JAN 7,8      | SAT-SUN<br>六 - 日 | 10:00AM-5:00PM | 2             | 30             | \$1,980   |

#### PACKAGE INCLUDED:

1. Coached by ISG / NIKE Sports Camps International Professional Coach
2. ISG / NIKE Sports Camps Training Tee
3. ISG / NIKE Sports Camps Certificate
4. Lunch

#### ABOUT COACH JORDAN LAWLEY

- All-Time Scoring Leader at UC San Diego
- Former FIBA Professional Player (Mexico & New Zealand)
- MVP of 2014 NIKE Summer is Serious 2
- NBA/WNBA Trainers (Evan Turner/Al Harrington/Wilson Chandler/Ben Gordon/Tony Wroten Jr/Britney Griner)
- NBA Pre-draft/NBA Pro Days (2014-2016): Trainer and Host
- Trainer of 100s FIBA pro's and NCAA athletes
- NIKE Bigman Camp Korea (2016): Director of Skills Development



# BASKETBALL

## GMF SHEK MUN CAMPUS 石門訓練中心

INTERNATIONAL CHRISTIAN SCHOOL (ICS)

ICS, 1 ON MUK LANE, SHEK MUN, SHATIN, NT

基督教國際學校

香港新界沙田石門安睦里1號2樓

| CODE<br>編號             | AGE<br>年齡        | TRAINING 訓練日                                           |           |               | GMF<br>SUPER<br>CUP<br><br>GMF<br>超級盃 | LESSONS<br>堂數           | CAPACITY<br>人數 | BEFORE<br>31/12前                                                           | AFTER<br>31/12後 |
|------------------------|------------------|--------------------------------------------------------|-----------|---------------|---------------------------------------|-------------------------|----------------|----------------------------------------------------------------------------|-----------------|
|                        |                  | DATE<br>日期                                             | DAY<br>星期 | TIME<br>時間    |                                       |                         |                | FIRST YEAR<br>MEMBERSHIP<br>首次會員費 \$1,100<br><br>RENEWAL FEE<br>續會年費 \$400 |                 |
|                        |                  |                                                        |           |               |                                       |                         |                |                                                                            |                 |
| ICS600A<br>G/F         | 3-4YRS           | JAN 7,21<br>FEB 4,11,18, 25<br>NO CLASS<br>JAN 14 & 28 | SAT<br>六  | 12-1<br>PM下午  |                                       | 6                       | 20             | \$960                                                                      | \$1,500         |
| ICS600B<br>G/F         |                  |                                                        |           | 1-2<br>PM下午   |                                       | 6                       | 20             | \$960                                                                      | \$1,500         |
| ICS600C<br>2/F         |                  | JAN 7,14,21<br>FEB 4,11,18, 25<br>NO CLASS<br>JAN 28   |           | 2-3<br>PM下午   |                                       | 7                       | 20             | \$1,120                                                                    | \$1,750         |
| ICS600D<br>2/F         |                  |                                                        |           | 3-4<br>PM下午   |                                       | 7                       | 20             | \$1,120                                                                    | \$1,750         |
| ICS601A<br>2/F         | 5-7YRS           | JAN 7,21<br>FEB 4,11,18, 25<br>NO CLASS<br>JAN 14 & 28 |           | 10-12<br>AM上午 | FEB 19,<br>10-12<br>AM上午              | 7                       | 20             | \$1,960                                                                    | \$2,800         |
| ICS601B<br>2/F         |                  | JAN 7,14,21<br>FEB 4,11,18, 25<br>NO CLASS<br>JAN 28   |           | 2-4<br>PM下午   |                                       | 8                       | 20             | \$2,240                                                                    | \$3,200         |
| ICS601C<br>2/F         |                  |                                                        |           | 4-6<br>PM下午   |                                       | 8                       | 20             | \$2,240                                                                    | \$3,200         |
| ICS602A<br>G/F         | 8-10YRS          | JAN 7,21<br>FEB 4,11,18, 25<br>NO CLASS<br>JAN 14 & 28 |           | 10-12<br>AM上午 | FEB 19,<br>12-2<br>PM下午               | 7                       | 40             | \$1,960                                                                    | \$2,800         |
| ICS602B<br>2/F         |                  |                                                        |           | 12-2<br>PM下午  |                                       | 7                       | 40             | \$1,960                                                                    | \$2,800         |
| ICS602C<br>G/F         |                  |                                                        |           | 4-6<br>PM下午   |                                       | 8                       | 40             | \$2,240                                                                    | \$3,200         |
| ICS603A<br>G/F         | 11-13YRS         | JAN 7,14,21<br>FEB 4,11,18, 25<br>NO CLASS<br>JAN 28   |           | 2-4<br>PM下午   | FEB 19,<br>2-4<br>PM下午                | 8                       | 20             | \$2,240                                                                    | \$3,200         |
| ICS603B<br>2/F         |                  |                                                        |           | 6-8<br>PM下午   |                                       | 8                       | 20             | \$2,240                                                                    | \$3,200         |
| ICS604A<br>G/F         | 14-16YRS         |                                                        |           | 2-4<br>PM下午   | FEB 19,<br>4-6<br>PM下午                | 8                       | 20             | \$2,240                                                                    | \$3,200         |
| ICS604B<br>2/F         |                  |                                                        |           | 6-8<br>PM下午   |                                       | 8                       | 20             | \$2,240                                                                    | \$3,200         |
| ICSG<br>(GIRLS)<br>2/F | 8YRS OR<br>ABOVE |                                                        |           |               | 6-8<br>PM下午                           | FEB 19,<br>12-2<br>PM下午 | 8              | 20                                                                         | \$2,240         |

# BASKETBALL

GMF KOWLOON BAY CAMPUS 九龍灣訓練中心

KELLETT SCHOOL

INDOOR GYM, KELLETT SCHOOL, 7 LAM HING STREET, KOWLOON BAY, HONG KONG

啟歷學校

九龍灣臨興街7號

| CODE<br>編號 | AGE<br>年齡 | TRAINING 訓練日                                             |           |              | GMF<br>SUPER<br>CUP<br><br>GMF<br>超級盃 | LESSONS<br>堂數 | CAPACITY<br>人數 | BEFORE<br>31/12前                                                                         | AFTER<br>31/12後 |
|------------|-----------|----------------------------------------------------------|-----------|--------------|---------------------------------------|---------------|----------------|------------------------------------------------------------------------------------------|-----------------|
|            |           | DATE<br>日期                                               | DAY<br>星期 | TIME<br>時間   |                                       |               |                | FIRST YEAR<br>MEMBERSHIP<br>首次會員費 <b>\$1,100</b><br><br>RENEWAL FEE<br>續會年費 <b>\$400</b> |                 |
| KE600A     | 3-4YRS    | JAN 7,14,21<br>FEB 11,18,25<br>NO CLASS<br>JAN 28, FEB 4 | SAT<br>六  | 12-1<br>PM下午 |                                       | 6             | 20             | \$960                                                                                    | \$1,500         |
| KE600B     | 3-4YRS    |                                                          |           | 1-2<br>PM下午  |                                       | 6             | 20             | \$960                                                                                    | \$1,500         |
| KE601A     | 5-7YRS    |                                                          |           | 12-2<br>PM下午 | FEB 19,<br>10-12<br>AM上午              | 7             | 20             | \$1,960                                                                                  | \$2,800         |
| KE602A     | 8-10YRS   |                                                          |           | 12-2<br>PM下午 | FEB 19,<br>12-2<br>PM下午               | 7             | 20             | \$1,960                                                                                  | \$2,800         |
| KE601B     | 5-7YRS    |                                                          |           | 2-4<br>PM下午  | FEB 19,<br>2-4<br>PM下午                | 7             | 20             | \$1,960                                                                                  | \$2,800         |
| KE603      | 11-13YRS  |                                                          |           | 2-4<br>PM下午  | FEB 19,<br>2-4<br>PM下午                | 7             | 20             | \$1,960                                                                                  | \$2,800         |
| KE604      | 14-16YRS  |                                                          |           | 2-4<br>PM下午  | FEB 19,<br>4-6<br>PM下午                | 7             | 20             | \$1,960                                                                                  | \$2,800         |
| KE601C     | 5-7YRS    |                                                          |           | 4-6<br>PM下午  | FEB 19,<br>10-12<br>AM上午              | 7             | 20             | \$1,960                                                                                  | \$2,800         |
| KE602B     | 8-10YRS   |                                                          |           | 4-6<br>PM下午  | FEB 19,<br>12-2<br>PM下午               | 7             | 20             | \$1,960                                                                                  | \$2,800         |

## REMARKS:

### • GMF MEMBERSHIP FEE 首次會員費 (\$1,100)

You are able to join all GMF program in Any GMF Campuses and included GMF Official Reversible Training Uniform, Drawstring Bag & Basketball (Size 3 for 3-4yrs / Size 5 for 5-10yrs / Size 7 for 11yrs or above)

GMF會員可以參加任何GMF香港指定的訓練中心內所舉辦的課程，並獲贈印有學員名稱的雙面訓練球衣、短褲1套，GMF索繩袋1個和籃球 和GMF籃球1個(3號球供3-4歲專用 / 5號球供5-10歲專用 / 7號球供11歲或以上專用)

### • GMF BASKETBALL SUPER CUP / GMF 籃球超級盃 (FEB 19)

International Christian School (ICS) 基督教國際學校

1 On Muk Lane, Shek Mun, Shatin, NT 香港新界沙田石門安睦里1號

Actual fixture will be announced via Email / GMF Official Website / Facebook Page

詳情會於比賽前一星期透過電郵 / GMF官方網頁 / Facebook 發放。

# BASKETBALL

## GMF WAN CHAI CAMPUS 灣仔訓練中心

HONG KONG ST. JAMES' SETTLEMENT (HKSJS)  
INDOOR GYM, 85 STONE NULLAH LANE, WANCHAI, HK

香港聖雅各福群會永嘉諾健體中心  
香港灣仔石水渠街85號

| AGE<br>年齡 | TRAINING 訓練日                        |           |               | LESSONS<br>堂數 | CAPACITY<br>人數 | FEE<br>費用 |
|-----------|-------------------------------------|-----------|---------------|---------------|----------------|-----------|
|           | DATE<br>日期                          | DAY<br>星期 | TIME<br>時間    |               |                |           |
| 3-5YRS    | JAN 7,14<br>NO CLASS<br>JAN 21 & 28 | SAT<br>六  | 9-10<br>AM上午  | 2             | 18             | \$320     |
| 3-5YRS    |                                     | SAT<br>六  | 10-11<br>AM上午 | 2             | 18             | \$320     |
| 3-5YRS    | FEB 4,11,18, 25                     | SAT<br>六  | 9-10<br>AM上午  | 4             | 18             | \$640     |
| 3-5YRS    |                                     | SAT<br>六  | 10-11<br>AM上午 | 4             | 18             | \$640     |

REMARKS:

- REGISTRATION  
Please contact HK St. James settlement (Samantha Deng) at 2596 2773 or by email: [samantha.deng@sjs.org.hk](mailto:samantha.deng@sjs.org.hk)  
More information: please visit <http://fitness.sjs.org.hk/>

## GMF HONG KONG CAMPUS 香港島訓練中心

HONG KONG YOUNG WOMEN'S CHRISTIAN ASSOCIATION (HKYWCA)  
3/F, INDOOR GYM, HKYWCA, NO. 1, MACDONNELL ROAD, HONG KONG

香港基督教女青年會  
香港麥當勞道1號3樓

| CODE<br>編號 | AGE<br>年齡 | TRAINING 訓練日                                            |           |                       | GMF<br>SUPER<br>CUP<br><br>GMF<br>超級盃 | LESSONS<br>堂數 | CAPACITY<br>人數 | FIRST YEAR<br>MEMBERSHIP<br>首次會員費 \$1,100 |
|------------|-----------|---------------------------------------------------------|-----------|-----------------------|---------------------------------------|---------------|----------------|-------------------------------------------|
|            |           | DATE<br>日期                                              | DAY<br>星期 | TIME<br>時間            |                                       |               |                | RENEWAL FEE<br>續會年費 \$400                 |
| HKYW101    | 5-10YRS   | JAN 9,16,23<br>FEB 6,13,20,27<br>NO CLASS<br>JAN 2 & 30 | MON<br>一  | 6:00-<br>7:30<br>PM下午 | FEB 19,<br>10-12<br>AM上午              | 8             | 12             | \$1,680<br>(1.5HRS PER LESSON)            |
| HKYW201    | 5-10YRS   | JAN 3,10,17,24<br>FEB 7,14,21,28                        | TUE<br>二  | 6:00-<br>7:30<br>PM下午 | FEB 19,<br>10-12<br>AM上午              | 9             | 12             | \$1,890<br>(1.5HRS PER LESSON)            |
| HKYW301    | 5-10YRS   | JAN 4,11,18,25<br>FEB 1,8,15,22                         | WED<br>三  | 6:15-<br>7:45<br>PM下午 | FEB 19,<br>10-12<br>AM上午              | 9             | 12             | \$1,890<br>(1.5HRS PER LESSON)            |
| HKYW501    | 5-10YRS   | JAN 6,13,20,27<br>FEB 3,10,17,24                        | FRI<br>五  | 5:00-<br>6:30<br>PM下午 | FEB 19,<br>10-12<br>AM上午              | 9             | 12             | \$1,890<br>(1.5HRS PER LESSON)            |

# BASKETBALL

## GMF TSEUNG KWAN O CAMPUS 將軍澳訓練中心

METRO CITY PHASE 2 CLUBHOUSE

INDOOR GYM, CLUBHOUSE, METRO CITY PHASE 2, 8 YAN KING ROAD, TSEUNG KWAN O

新都城2期會所

將軍澳欣景路8號

| CODE<br>編號 | AGE<br>年齡 | TRAINING 訓練日                                                |           |                | GMF<br>SUPER<br>CUP<br><br>GMF<br>超級盃 | LESSONS<br>堂數 | CAPACITY<br>人數 | FIRST YEAR<br>MEMBERSHIP<br>首次會員費 <b>\$1,100</b><br><br>RENEWAL FEE<br>續會年費 <b>\$400</b> |
|------------|-----------|-------------------------------------------------------------|-----------|----------------|---------------------------------------|---------------|----------------|------------------------------------------------------------------------------------------|
|            |           | DATE<br>日期                                                  | DAY<br>星期 | TIME<br>時間     |                                       |               |                |                                                                                          |
| TKO300A    | 3-6YRS    | JAN 4,11,18,25<br>FEB 1,8,15,22                             | WED<br>三  | 4-5<br>PM下午    |                                       | 8             | 20             | <b>\$1,280</b>                                                                           |
| TKO300B    | 3-6YRS    |                                                             | WED<br>三  | 5-6<br>PM下午    |                                       | 8             | 20             | <b>\$1,280</b>                                                                           |
| TKO301     | 5-7YRS    |                                                             | WED<br>三  | 6-7:30<br>PM下午 | FEB 19,<br>10-12<br>AM上午              | 9             | 20             | <b>\$1,960</b>                                                                           |
| TKO602     | 7-12YRS   | JAN 7,14,21<br>FEB 4,11,18,25<br><b>NO CLASS<br/>JAN 28</b> | SAT<br>六  | 1-3<br>PM下午    | FEB 19,<br>12-2<br>PM下午               | 8             | 20             | <b>\$2,240</b>                                                                           |

### REMARKS:

- GMF Tseung Kwan O Campus 將軍澳訓練中心**

Due to the clubhouse regulation, **Max 1 Lesson Fee** (TKO300A, TKO300B - \$100 / TKO301, TKO602 - \$200) is allowed to deduct if need to apply absent BEFORE the payment is made.

由於該會所合作條款規定，參加將軍澳訓練中心的學員，如需在繳費前申請缺席費用減免，只能允許最多減免**1堂** (TKO300A, TKO300B - \$100 / TKO301, TKO602 - \$200) 費用。

## GMF KOWLOON CAMPUS 九龍訓練中心

CHINESE YMCA OF HONG KONG (YMCA)

INDOOR GYM, 6/F, KOWLOON CENTRE, YMCA, 23<sup>RD</sup> WATERLOO ROAD, KOWLOON

九龍窩打老道23號香港

中華基督教青年會6樓

| CODE<br>編號 | AGE<br>年齡 | TRAINING 訓練日                  |           |                | LESSONS<br>堂數 | CAPACITY<br>人數 | FEE<br>費用      |
|------------|-----------|-------------------------------|-----------|----------------|---------------|----------------|----------------|
|            |           | DATE<br>日期                    | DAY<br>星期 | TIME<br>時間     |               |                |                |
| 490402710A | 6-10YRS   | JAN 9,16,23<br>FEB 6,13,20,27 | MON<br>一  | 6:30-8<br>PM下午 | 7             | 15             | <b>\$1,470</b> |
| 490402710C | 11-16YRS  | <b>NO CLASS<br/>JAN 30</b>    |           |                |               |                |                |

### REMARKS:

- REGISTRATION**

Please contact Chinese YMCA of Hong Kong (Shawn Lam) at **2783 3636** or by email: [shawnlam@ymca.org.hk](mailto:shawnlam@ymca.org.hk)  
More information: Please visit <http://kln.ymca.org.hk/>

- GMF BASKETBALL SUPER CUP / GMF籃球超級盃 (FEB 19)**

If student is interested in participating in GMF Super Cup, please email us and make cheque payable to: **GMF LTD.** (\$280)  
如有興趣參加GMF超級盃，請發電郵及支票給我們。支票抬頭請註: **GMF LTD** (\$280)

International Christian School (ICS) 基督教國際學校

1 On Muk Lane, Shek Mun, Shatin, NT 香港新界沙田石門安睦里1號

Actual fixture will be announced via Email / GMF Official Website / Facebook Page

詳情會於比賽前一星期透過電郵 / GMF官方網頁 / Facebook 發放。

## GMF LAM TIN CAMPUS 藍田訓練中心

NORD ANGLIA INTERNATIONAL SCHOOL

INDOOR GYM, NORD ANGLIA INTERNATIONAL SCHOOL, 11 ON TIN STREET, LAM TIN, KOWLOON, HONG KONG

九龍藍田安田街11號

| CODE<br>編號 | AGE<br>年齡 | TRAINING 訓練日                                                      |           |              | GMF<br>SUPER<br>CUP<br><br>GMF<br>超級盃 | LESSONS<br>堂數 | CAPACITY<br>人數 | BEFORE<br>31/12前                                                                         | AFTER<br>31/12後 |
|------------|-----------|-------------------------------------------------------------------|-----------|--------------|---------------------------------------|---------------|----------------|------------------------------------------------------------------------------------------|-----------------|
|            |           | DATE<br>日期                                                        | DAY<br>星期 | TIME<br>時間   |                                       |               |                | FIRST YEAR<br>MEMBERSHIP<br>首次會員費 <b>\$1,100</b><br><br>RENEWAL FEE<br>續會年費 <b>\$400</b> |                 |
| NA600      | 3-4YRS    | JAN 14,21<br>FEB 4,11,18,25<br><b>NO CLASS<br/>JAN 7 &amp; 28</b> | SAT<br>六  | 4-5<br>PM下午  |                                       | 6             | 20             | <b>\$960</b>                                                                             | \$1,500         |
| NA601      | 5-7YRS    |                                                                   |           | 12-2<br>PM下午 | FEB 19,<br>10-12<br>AM上午              | 7             | 20             | <b>\$1,960</b>                                                                           | \$2,800         |
| NA602      | 8-10YRS   |                                                                   |           | 2-4<br>PM下午  | FEB 19,<br>12-2<br>PM下午               | 7             | 20             | <b>\$1,960</b>                                                                           | \$2,800         |
| NA603      | 11-13YRS  |                                                                   |           | 5-7<br>PM下午  | FEB 19,<br>2-4<br>PM下午                | 7             | 20             | <b>\$1,960</b>                                                                           | \$2,800         |
| NA604      | 14-16YRS  |                                                                   |           | 5-7<br>PM下午  | FEB 19,<br>4-6<br>PM下午                | 7             | 20             | <b>\$1,960</b>                                                                           | \$2,800         |

### REMARKS:

- GMF MEMBERSHIP FEE 首次會員費 (\$1,100)**

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GMF會員可以參加任何GMF香港指定的訓練中心內所舉辦的課程，並獲贈印有學員名稱的雙面訓練球衣、短褲1套，GMF素繩袋1個和籃球 和GMF籃球1個(3號球供3-4歲專用 / 5號球供5-10歲專用 / 7號球供11歲或以上專用)

- GMF BASKETBALL SUPER CUP / GMF 籃球超級盃 (FEB 19)**

International Christian School (ICS) 基督教國際學校

1 On Muk Lane, Shek Mun, Shatin, NT 香港新界沙田石門安睦里1號

Actual fixture will be announced via Email / GMF Official Website / Facebook Page

詳情會於比賽前一星期透過電郵 / GMF官方網頁 / Facebook 發放。

## GMF MASTER BASKETBALL PROGRAM / GMF 成人籃球課程

| CODE<br>編號            | AGE<br>年齡            | TRAINING 訓練日                                                        |           |              | LESSONS<br>堂數 | CAPACITY<br>人數 | FEE 費用           |                 |
|-----------------------|----------------------|---------------------------------------------------------------------|-----------|--------------|---------------|----------------|------------------|-----------------|
|                       |                      | DATE<br>日期                                                          | DAY<br>星期 | TIME<br>時間   |               |                | BEFORE<br>31/12前 | AFTER<br>31/12後 |
| ADKN01 (KOWLOON 九龍)*  | 18YRS<br>OR<br>ABOVE | JAN 9,16,23<br>FEB 6,13,20,27<br><b>NO CLASS<br/>JAN 2 &amp; 30</b> | MON<br>一  | 8-10<br>PM下午 | 7             | 20             | <b>\$1,400</b>   | \$2,100         |
| ADKN03 (KOWLOON 九龍)*  |                      | JAN 4,11,18,25<br>FEB 1,8,15,22                                     | WED<br>三  |              | 8             | 20             | <b>\$1,600</b>   | \$2,400         |
| ADHK05 (HK ISLAND 港島) |                      | JAN 6,13,20,27<br>FEB 3,10,17,24                                    | FRI<br>五  |              | 8             | 20             | <b>\$1,200</b>   | \$1,600         |

### REMARKS:

- (\*) Training sessions will be held outdoors (Full Court).
- (\*) Location: Indoor Gym, **Nord Anglia International School**, 11 On Tin Street, Lam Tin, Kowloon, Hong Kong.

# BADMINTON

## GMF SHEK MUN CAMPUS 石門訓練中心

INTERNATIONAL CHRISTIAN SCHOOL (ICS)

LOWER GYM, ICS, 1 ON MUK LANE, SHEK MUN, SHATIN, NT

基督教國際學校

香港新界沙田石門安睦里1號地下

| CODE<br>編號 | AGE<br>年齡        | TRAINING 訓練日                                          |           |              | LESSONS<br>堂數 | CAPACITY<br>人數 | BEFORE<br>31/12前                              | AFTER<br>31/12後 |
|------------|------------------|-------------------------------------------------------|-----------|--------------|---------------|----------------|-----------------------------------------------|-----------------|
|            |                  | DATE<br>日期                                            | DAY<br>星期 | TIME<br>時間   |               |                | FIRST YEAR MEMBERSHIP<br>首次會員費 <b>\$1,000</b> |                 |
|            |                  |                                                       |           |              |               |                | RENEWAL FEE<br>續會年費 <b>\$400</b>              |                 |
| BMTICS61   | 5-7YRS           | JAN 7,21<br>FEB 4,11,18,25<br>NO CLASS<br>JAN 14 & 28 | SAT<br>六  | 12-2<br>PM下午 | 6             | 18             | <b>\$1,200</b>                                | \$1,800         |
| BMTICS62   | 8YRS OR<br>ABOVE |                                                       |           |              | 6             |                | <b>\$1,200</b>                                | \$1,800         |

REMARKS:

- GMF MEMBERSHIP FEE 首次會員費 (\$1,000)  
Included 1 GMF Badminton Training Uniform, 2 tubes of shuttlecock & Drawstring Bag.  
GMF會員可以獲贈印有學員名稱的羽毛球訓練球衣、短褲1套，練習羽毛球2筒和GMF索繩袋1個。

## GMF WAN CHAI CAMPUS 灣仔訓練中心

HONG KONG ST. JAMES' SETTLEMENT (HKSJS)

INDOOR GYM, 85 STONE NULLAH LANE, WANCHAI, HK

香港聖雅各福群會永嘉諾健體中心

香港灣仔石水渠街85號

| AGE<br>年齡 | TRAINING 訓練日                      |           |                | LESSONS<br>堂數 | CAPACITY<br>人數 | FEE<br>費用                           |
|-----------|-----------------------------------|-----------|----------------|---------------|----------------|-------------------------------------|
|           | DATE<br>日期                        | DAY<br>星期 | TIME<br>時間     |               |                |                                     |
| 6-12YRS   | JAN 11,18,25<br>NO CLASS<br>JAN 4 | WED<br>三  | 4-5:30<br>PM下午 | 3             | 24             | <b>\$480</b><br>(1.5HRS PER LESSON) |
| 6-12YRS   | FEB 1,8,15,22                     | WED<br>三  | 4-5:30<br>PM下午 | 4             | 24             | <b>\$640</b><br>(1.5HRS PER LESSON) |

REMARKS:

- REGISTRATION  
Please contact HK St. James settlement (Samantha Deng) at 2596 2773 or by email: [samantha.deng@sj.s.org.hk](mailto:samantha.deng@sj.s.org.hk)  
More information: please visit <http://fitness.sjs.org.hk/>

# GMF MEMBERSHIP APPLICATION FORM 會員申請表格

## FOR NEW MEMBER (EXCEPT GMF MASTER / YMCA / HKJSJ除外)

☐ NEW MEMBERSHIP FEE (BASKETBALL: \$1,100 BADMINTON: \$1,000)

LIMITED EDITION SERIES INCLUDE:

BASKETBALL PROGRAM

- GMF OFFICIAL REVERSIBLE JERSEY
- GMF OFFICIAL BASKETBALL SHORTS
- GMF OFFICIAL BASKETBALL (Size 3 for 3-4yrs, Size 5 for 5-10yrs, Size 7 for 11yrs or above)
- GMF DRAWSTRING BAG

BADMINTON PROGRAM

- GMF OFFICIAL BADMINTON JERSEY
- 2 TUBES OF SHUTTLECOCK
- GMF DRAWSTRING BAG

GMF OFFICIAL JERSEY: ☐ XXXS ☐ XXS ☐ XS ☐ S ☐ M ☐ L ☐ XL

STUDENT NAME AT THE BACK OF GMF OFFICIAL JERSEY (MAX. 10 BLOCK LETTERS)

|  |  |  |  |  |  |  |  |  |  |
|--|--|--|--|--|--|--|--|--|--|
|  |  |  |  |  |  |  |  |  |  |
|--|--|--|--|--|--|--|--|--|--|

GMF OFFICIAL SHORTS: ☐ XXXS ☐ XXS ☐ XS ☐ S ☐ M ☐ L ☐ XL

## FOR YEARLY RENEWAL

☐ YEARLY RENEWAL FEE \$400 (MEMBER ID: \_\_\_\_\_)

OPTIONAL PRODUCTS (PLEASE "√")

☐ \$300 GMF OFFICIAL REVERSIBLE UNIFORM (☐ BASKETBALL OR ☐ BADMINTON)

☐ XXXS ☐ XXS ☐ XS ☐ S ☐ M ☐ L ☐ XL

STUDENT NAME AT THE BACK OF GMF OFFICIAL JERSEY (MAX. 10 BLOCK LETTERS)

|  |  |  |  |  |  |  |  |  |  |
|--|--|--|--|--|--|--|--|--|--|
|  |  |  |  |  |  |  |  |  |  |
|--|--|--|--|--|--|--|--|--|--|

☐ \$150 GMF OFFICIAL BASKETBALL SHORTS

☐ XXXS ☐ XXS ☐ XS ☐ S ☐ M ☐ L ☐ XL

☐ \$200 GMF OFFICIAL BASKETBALL

☐ \$250 GMF DRAWSTRING BAG

☐ \$50 x \_\_\_\_ TUBE(S) SHUTTLECOCK

☐ NO, THANKS

| MEASUREMENT                  | XXXS    | XXS     | XS      | S       | M       | L       | XL      |
|------------------------------|---------|---------|---------|---------|---------|---------|---------|
| W 胸圍 (全圍) Chest Width (Full) | 30"     | 33"     | 39"     | 41"     | 43"     | 45"     | 47"     |
| L 衫長 Length of Vest          | 19"     | 20"     | 23"     | 24"     | 25"     | 26"     | 27"     |
| 腰圍 Waist                     | 20"-27" | 21"-28" | 22"-30" | 24"-36" | 26"-40" | 28"-42" | 30"-46" |
| 褲長 Length of Shorts          | 12"     | 14"     | 17"     | 19"     | 21"     | 23"     | 24"     |

BANK OF CHEQUE: \_\_\_\_\_ CHEQUE NOS: \_\_\_\_\_ TOTAL AMOUNT: \$ \_\_\_\_\_

## APPLICANT PARTICULARS (The following items must be filled in. Please use BLOCK LETTERS for English.)

學員資料 (請必須填寫以下各項, 英文字母請以正楷填寫。)

NAME 姓名 (中文) \_\_\_\_\_ (ENG) \_\_\_\_\_

D.O.B 出生日期 \_\_\_\_\_ (YY) \_\_\_\_\_ (MM) \_\_\_\_\_ (DD)

SEX 性別: M / F ID NO. 身分證明文件號碼 \_\_\_\_\_ AGE 年齡 \_\_\_\_\_

EMAIL 電郵 \_\_\_\_\_ FACEBOOK EMAIL \_\_\_\_\_

RESIDENTIAL 住址 \_\_\_\_\_

NAME OF SCHOOL 就讀學校名稱 \_\_\_\_\_

PHONE 聯絡電話 \_\_\_\_\_ MOBILE 手提電話 \_\_\_\_\_

# ENROLMENT FORM & DECLARATION 報名表格及聲明書

PLEASE MAKE CHEQUE PAYABLE TO: **GMF LTD**

|                  |    |                                                                                                                                                          |
|------------------|----|----------------------------------------------------------------------------------------------------------------------------------------------------------|
| ENROLMENT FEE 費用 | \$ | ABSENT DATE 缺值日 (\$100 DEDUCTIBLE FOR PEEWEE 3-4YRS, \$200 DEDUCTIBLE FOR 2 HOURS CLASSES)<br>(ENTITLED TO DEDUCT IF APPLY LEAVE BEFORE PAYMENT IS MADE) |
| BANK OF CHEQUE   |    | CHEQUE NOS. 支票號碼                                                                                                                                         |

## BASKETBALL

|                                            |                                                                                                       |                                                                                                                                                                                  |                                                                                                                                                                                  |                                                                                                          |                                                                                             |                                 |                                             |                                 |
|--------------------------------------------|-------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|---------------------------------|---------------------------------------------|---------------------------------|
| KOWLOON BAY<br>九龍灣                         | 3-4YRS<br>8-10YRS                                                                                     | <input type="checkbox"/> KE600A<br><input type="checkbox"/> KE602A                                                                                                               | <input type="checkbox"/> KE600B<br><input type="checkbox"/> KE602B                                                                                                               | 5-7YRS<br>11-13YRS                                                                                       | <input type="checkbox"/> KE601A<br><input type="checkbox"/> KE603                           | <input type="checkbox"/> KE601B | <input type="checkbox"/> KE601C<br>14-16YRS | <input type="checkbox"/> KE604  |
| KOWLOON<br>九龍                              | PLEASE CONTACT 2783 3636                                                                              |                                                                                                                                                                                  |                                                                                                                                                                                  |                                                                                                          |                                                                                             |                                 |                                             |                                 |
| LAM TIN (NAIS)<br>藍田                       | 3-4YRS<br>11-13YRS                                                                                    | <input type="checkbox"/> NA600<br><input type="checkbox"/> NA603                                                                                                                 |                                                                                                                                                                                  | 5-7YRS<br>14-16YRS                                                                                       | <input type="checkbox"/> NA601<br><input type="checkbox"/> NA604                            |                                 | 8-10YRS                                     | <input type="checkbox"/> NA602  |
| TSEUNG KWAN O<br>將軍澳                       | 3-6YRS                                                                                                | <input type="checkbox"/> TKO300A                                                                                                                                                 | <input type="checkbox"/> TKO300B                                                                                                                                                 | 5-7YRS                                                                                                   | <input type="checkbox"/> TKO301                                                             |                                 | 7-12YRS                                     | <input type="checkbox"/> TKO602 |
| HK ISLAND<br>香港島                           | 5-10YRS                                                                                               | <input type="checkbox"/> HKYW101                                                                                                                                                 | <input type="checkbox"/> HKYW201                                                                                                                                                 | <input type="checkbox"/> HKYW301                                                                         | <input type="checkbox"/> HKYW501                                                            |                                 |                                             |                                 |
| SHEK MUN<br>石門                             | 3-4YRS<br>5-7YRS<br>8-10YRS<br>11-13YRS<br>14-16YRS                                                   | <input type="checkbox"/> ICS600A<br><input type="checkbox"/> ICS601A<br><input type="checkbox"/> ICS602A<br><input type="checkbox"/> ICS603A<br><input type="checkbox"/> ICS604A | <input type="checkbox"/> ICS600B<br><input type="checkbox"/> ICS601B<br><input type="checkbox"/> ICS602B<br><input type="checkbox"/> ICS603B<br><input type="checkbox"/> ICS604B | <input type="checkbox"/> ICS600C<br><input type="checkbox"/> ICS601C<br><input type="checkbox"/> ICS602C | <input type="checkbox"/> ICS600D<br><br>GIRLS (8YRS OR ABOVE) <input type="checkbox"/> ICSG |                                 |                                             |                                 |
| WAN CHAI<br>灣仔                             | PLEASE CONTACT 2783 3636                                                                              |                                                                                                                                                                                  |                                                                                                                                                                                  |                                                                                                          |                                                                                             |                                 |                                             |                                 |
| GMF MASTER BASKETBALL PROGRAM<br>GMF成人籃球課程 | <input type="checkbox"/> ADKN01九龍 <input type="checkbox"/> ADKN03九龍 <input type="checkbox"/> ADHK05港島 |                                                                                                                                                                                  |                                                                                                                                                                                  |                                                                                                          |                                                                                             |                                 |                                             |                                 |
| NIKE BASKETBALL CAMP 2017 X JLawBball      | <input type="checkbox"/> NIKE1                                                                        |                                                                                                                                                                                  |                                                                                                                                                                                  |                                                                                                          |                                                                                             |                                 |                                             |                                 |

## BADMINTON

|                                         |                                            |                                                   |
|-----------------------------------------|--------------------------------------------|---------------------------------------------------|
| SHEK MUN 石門                             | <input type="checkbox"/> BMTICS61 (5-7YRS) | <input type="checkbox"/> BMTICS62 (8YRS OR ABOVE) |
| ANYONE INTRODUCE YOU TO JOIN GMF? Y/N/□ | IF YES, REFERRED BY: _____ (STUDENT NAME)  |                                                   |

\*\*\* STUDENT INTRODUCE A NEW MEMBER WILL AWARD \$300 DISCOUNT FOR JOINING GMF PROGRAMS.  
(EXCEPT **GMF MASTER / YMCA / HKSJS**)

## APPLICANT PARTICULARS 學員資料

GMF MEMBERSHIP NOS: \_\_\_\_\_ D.O.B \_\_\_\_\_ (YY) \_\_\_\_\_ (MM) \_\_\_\_\_ (DD)  
 NAME 姓名 (中文) \_\_\_\_\_ (ENG) \_\_\_\_\_  
 D.O.B 出生日期 \_\_\_\_\_ (YY) \_\_\_\_\_ (MM) \_\_\_\_\_ (DD)  
 SEX性別: M / F AGE年齡 \_\_\_\_\_  
 EMAIL 電郵 \_\_\_\_\_ FACEBOOK EMAIL \_\_\_\_\_  
 RESIDENTIAL 住址 \_\_\_\_\_  
 NAME OF SCHOOL就讀學校名稱 \_\_\_\_\_  
 PHONE 聯絡電話 \_\_\_\_\_ MOBILE 手提電話 \_\_\_\_\_

## DECLARATION 聲明

I hereby confirm, acknowledge and understand that all information relating to my child(ren), including but not limited to his/her/their videos, photographs, images and/or pictures may be used by GMF for all future marketing material, including, but not limited to print advertisements, television advertisements, website or internet related advertisements of whatsoever nature, and further confirm and acknowledge that neither my child(ren) nor myself nor my spouse nor guardian shall be entitled to any proceeds whatsoever derived therefrom or to any interest therein. The information provided in the enrolment form by the applicants is true and correct and the applicants are eligible for the training according to the rules set by the Organizer. I understand that if false information is provided, we will be immediately disqualified with all the results cancelled. Enrolment fee will not be refunded. The applicants agree to comply with all the rules set by the Organizer. The applicant is healthy and physically fit to participate in the above competition. GMF shall not be liable for any injuries or death which the applicant may sustain in the training due to their own negligence, ill health or poor physical condition.

|                         |                                 |
|-------------------------|---------------------------------|
| APPLICANT NAME<br>申請人姓名 | NAME OF THE PARENT<br>家長姓名      |
| SIGNATURE<br>簽署         | SIGNATURE OF THE PARENT<br>家長簽署 |
| DATE<br>日期              | DATE<br>日期                      |



## FREE TRIAL FORM

| DATE       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
|------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| BASKETBALL | <b>KOWLOON BAY<br/>九龍灣</b><br>3-4YRS <input type="checkbox"/> KE600A <input type="checkbox"/> KE600B 5-7YRS <input type="checkbox"/> KE601A <input type="checkbox"/> KE601B <input type="checkbox"/> KE601C<br>8-10YRS <input type="checkbox"/> KE602A <input type="checkbox"/> KE602B 11-13YRS <input type="checkbox"/> KE603 14-16YRS <input type="checkbox"/> KE604                                                                                                                                                                                                                                             |
|            | <b>LAM TIN (NAIS)<br/>藍田</b><br>3-4YRS <input type="checkbox"/> NA600 5-7YRS <input type="checkbox"/> NA601 8-10YRS <input type="checkbox"/> NA602<br>11-13YRS <input type="checkbox"/> NA603 14-16YRS <input type="checkbox"/> NA604                                                                                                                                                                                                                                                                                                                                                                              |
|            | <b>HK ISLAND<br/>香港島</b><br>5-10YRS <input type="checkbox"/> HKYW101 <input type="checkbox"/> HKYW201 <input type="checkbox"/> HKYW301 <input type="checkbox"/> HKYW501                                                                                                                                                                                                                                                                                                                                                                                                                                            |
|            | <b>SHEK MUN<br/>石門</b><br>3-4YRS <input type="checkbox"/> ICS600A <input type="checkbox"/> ICS600B <input type="checkbox"/> ICS600C <input type="checkbox"/> ICS600D<br>5-7YRS <input type="checkbox"/> ICS601A <input type="checkbox"/> ICS601B <input type="checkbox"/> ICS601C<br>8-10YRS <input type="checkbox"/> ICS602A <input type="checkbox"/> ICS602B <input type="checkbox"/> ICS602C<br>11-13YRS <input type="checkbox"/> ICS603A <input type="checkbox"/> ICS603B<br>14-16YRS <input type="checkbox"/> ICS604A <input type="checkbox"/> ICS604B<br>GIRLS (8YRS OR ABOVE) <input type="checkbox"/> ICSG |
| BADMINTON  | <b>SHEK MUN<br/>石門</b><br><input type="checkbox"/> BMTICS61 (5-7YRS) <input type="checkbox"/> BMTICS62 (8YRS OR ABOVE)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |

### APPLICANT PARTICULARS 學員資料

GMF MEMBERSHIP NOS: \_\_\_\_\_ D.O.B \_\_\_\_\_ (YY) \_\_\_\_\_ (MM) \_\_\_\_\_ (DD)  
NAME 姓名 (中文) \_\_\_\_\_ (ENG) \_\_\_\_\_  
D.O.B 出生日期 \_\_\_\_\_ (YY) \_\_\_\_\_ (MM) \_\_\_\_\_ (DD)  
SEX 性別: M / F AGE 年齡 \_\_\_\_\_  
EMAIL 電郵 \_\_\_\_\_ FACEBOOK EMAIL \_\_\_\_\_  
RESIDENTIAL 住址 \_\_\_\_\_  
NAME OF SCHOOL 就讀學校名稱 \_\_\_\_\_  
PHONE 聯絡電話 \_\_\_\_\_ MOBILE 手提電話 \_\_\_\_\_

### MEMBER COACT GROUP



### OFFICIAL PARTNERS



### ENQUIRIES

ADDRESS: P.O. BOX 62493, KWUN TONG POST OFFICE, KWUN TONG, KOWLOON, HK

PHONE: 852-6338 0195 / 852-3996 8912 FAX: 852-3996 8913

EMAIL: INFO@GMFSPTS.COM.HK WEBSITE: WWW.GMFSPTS.COM.HK

FACEBOOK: HTTP://WWW.FACEBOOK.COM/GMFSPTS HK INSTAGRAM: @GMFSPTS

IF THERE IS ANY INADEQUACY IN THIS PROSPECTUS, GMF RESERVES THE RIGHT FOR APPROPRIATE AMENDMENTS.